

## Action Meeting Minutes

### Chronic Disease Prevention and Management Advisory Team

**Date: March 31, 2008**

**Time: 13:00 – 15:30**

**Present:**

- Peggy Lewis
- Dr. Teresa O’Driscoll
- Diane Hiscox
- Lori Wilson
- Katherine Campbell
- Mary Wrigley
- Barb Adams
- Mieke Busman
- Dr. Bob Algie (teleconference)
- Marlis Bruyere (teleconference)
- Sandra Jordon
- Janine Black
- Janet Gordon (teleconference)

**LHIN Staff**

- Heather Gray (Lead)
- Corey Russell (Epidemiologist)

**Regrets:**

- Susan Fairservice
- Lori Marshall

#	Outcomes		
	An update on e- health in the North West LHIN was provided by Bruce Sutton, the e-health lead for the North West LHIN. A question and answer period followed.		
#	Agenda/Category/Item	Lead Responsibility	Due Date
1.	Agenda was approved by Katherine and seconded by Janine with no revisions.	Heather	n/a

2.	Previous meeting minutes were approved by Diane and seconded by Katherine.	Heather	n/a
	<b>Business Arising</b>		
1.	A presentation was provided by Cory Russell, Epidemiologist at the North West LHIN on data and data challenges related to Chronic Disease Prevention and Management. Cory will be providing data support for the CDPM Advisory Team.	Cory Russell	
2.	Heather provided an update on CDPM activities in the North West LHIN. Round table updates were then provided by meeting participants. (See attached)	Heather/All	
	<b>New Business</b>		
1.	A planning meeting will be held with Mike Hindmarsh on May 9 from 10:30 until 3:30 in the LHIN Boardroom in Thunder Bay.	Heather/All	n/a
2.	Advisory Team Calendar for the coming was discussed. Meeting dates are May 9, June 6, September 12 and December 10. The May 9 meeting will run from 10:30 to 3:30 and all other meetings will run from 1:00 pm until 3:30 pm.	Heather	n/a
3.	The meeting adjourned at 3:30 pm.		

### Summary of Roundtable Discussion

Heather reported on the recent Stanford University Chronic Disease Prevention and Management training that was held in Thunder Bay – 28 participants graduated with Master Trainer certification. Several participants have indicated that their first training sessions will be held during the month of April.

The importance of the provincial CDPM Framework that was presented by Marjorie Keast the MOHLTC Lead at the December meeting was highlighted. This framework, is based on the Chronic Care Model developed at the McColl Institute and it has been widely adopted throughout North America and beyond. It will guide our work in the North West LHIN as we move forward.

A collaborative study with the Centre for Rural and Northern Health Research (CRANHR) at Lakehead University is nearing completion. It is a study of the health impact of the decline of the forestry sectors in affected communities.

A planning session with Mike Hindmarsh will take place in Thunder Bay on May 9 from 10:30 am until 3:30 pm to develop a plan for Chronic Disease Prevention and Management in the North West LHIN. All CDPM Advisory Team members are invited to attend. Additional round tables are being planned with CDPM health service providers for information sharing and collaboration amongst CDPM providers.

Heather referred to a recent article by Michael Decter, *Healthcare Systems and Organizations: Implications for Health Human Resources* that was included in the packages and advised that it is a good read.

Mieke Busman provided an overview of the CCHSA standards related to CDPM. The approach to accreditation is now to follow clients rather than to focus on teams. She was delighted to announce the recruitment of Dr. Susan Duff, a Rheumatologist. Mieke updated the group on several initiatives that have been recently implemented at the Care Group including; a Diabetes Nurse Educator position, exercise programs for clients with chronic illness, a wound/lymphedema service, a 24/7 palliative care line and a non-inflammatory arthritis telehealth team.

Katherine Campbell was pleased to report that the first Diabetes Expo will take place in Dryden on May 3. Another is planned for Thunder Bay in October. The Dryden Family Health Team will be involved in a conference that brings together interdisciplinary teams with faculty from three universities to look at how people work together. The Dryden Family Health Team has also developed a wound care program in collaboration with the hospital.

Terry announced the development of outreach programs for people with chronic illness and suggested that consideration is being given to having one chronic disease program in the hospital, rather than disease specific approaches. There is a shortage of health professionals in the community and funding mechanisms for allied health professionals is a particularly challenging issue.

Janine provided an update on fluoridation issue and suggested that the advisory team might advocate on behalf of healthy lifestyles in the community as it evolves.

Lori identified the importance of GEM training to support clients in the ER. She expressed an interest in the data presented on healthy lifestyles and the potential to improve health outcomes.

Sandra announced a successful smoking cessation project taking place at Dilico in collaboration with Thunder Bay District Health Unit.

Barb commented on the success of the new mobile unit at the NorWest CHC. She indicated that a high number of orphaned patients are coming to the NorWest CHC for services.

Janet indicated that her organization is currently finding ways of implementing the Aboriginal Health Plan. An ongoing concern is access to physician services. Presently, information is being gathered related to mental health and addictions issues.

Marlis reported that the Fort Frances Family Health Team is working with the hospital on a chronic disease program. Initiatives are also underway to ensure a connection with the North West Health Unit. Plans are underway to move forward with the Stanford training.

Mary indicated that a wound care program has been established for clients in the renal service. Two staff members have received the appropriate training.

Peggy is working with the Marathon Family Health Team to develop an orientation for diabetics.

Diane reported on a successful stroke forum with 140 people in attendance. An educational video re stroke is currently in the initial planning stages for First Nations people. This DVD will have more of a research base than the one recently completed. Work is also being advanced on community based exercise programming.

Diane indicated that an RFP is taking place with the Ministry of Health Promotion that might be of interest to members of the advisory team. Further information is available on the Ministry website under the CHAT Program. Collaborative partnerships are a critical component of the initiative. A Letter of Intent is due near the end of April.