



July 2009

CONTINUING THE CONVERSATION...

Self Management: What it is and Why it Matters



Mike Hindmarsh
(Hindsight Consulting)

Thurs., July 23, 2009
12 noon - 1 pm (E.D.T)

Self management is an important component of good chronic disease management. As recognition of the need to build self management capacity grows, many health service providers have expressed an interest in learning more about it.

This one hour videoconference offers an overview of what self management is and why it has the potential to radically change clinical practice and outcomes for people with chronic illness. It will be of interest to all people with an interest in chronic disease prevention and management and building self management capacity.

For additional information, please contact
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Space will be limited in some videoconferencing locations.
To have your videoconference site booked, you must RSVP.



SPEAKER SERIES

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Please RSVP to:

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Mike Hindmarsh

Mike Hindmarsh, is the President of Hindsight Healthcare Strategies; a healthcare improvement consulting firm, and was the Associate Director of Clinical Improvement at the MacColl Institute for Healthcare Innovation at Group Health Cooperative of Puget Sound, a not-for-profit staff model HMO.

During his 15 years with Group Health, Mike managed federally funded research studies and directed various internal clinical improvement efforts including the creation of one of the countries first electronic registries for chronic disease. Along with Ed Wagner MD, MPH, Mike and his colleagues created the Chronic Care Model; a system redesign strategy to improve the care for chronically ill patients.

His current work involves design and development of a dissemination strategy for implementing the Chronic Care Model in the United States, and Canada. Mike is working with various provinces creating awareness of the Chronic Care Model, as well as assisting with implementations of the model in a number of health care settings in British Columbia, Ontario, Saskatchewan, Alberta, New Brunswick and Prince Edward Island.

Similarly, Mike is assisting a numerous health care organizations in the United States with their implementations of the model through both his affiliation the MacColl Institute and his own consulting business.